

Gasa Hot Springs Trek



Dates January-May and September-December

Trip Duration Trek: 2 nights / 3 days
Total stay: 8 nights / 9 days

Difficulty Rating Easy-Moderate

Highlights The hot springs is a fun and relaxing trek. Bhutanese people also believe that the springs has great medicinal value. You'll see that many of the Bhutanese people will be at the springs enjoying themselves. Enjoy amazing views, local interaction and tours of our most magnificent cultural sites.

Cost Cost depends on the group size. Contact us for details. Costs will include ground transportation to and from Paro airport, transportation and entrance fees to all listed activities, entry fees, all meals, accommodations.

Itinerary

Day 1 Arrive at Paro Airport. You will be received by our guide at the Paro International Airport and escorted to your hotel for refreshment. After lunch, visit Paro National Museum and Dzong. Overnight in Paro.

Day 2 Paro. Your journey into the Thunder Dragon Kingdom will truly begin with a drive in the morning to the ruins of the Drugyel Dzong 10 miles end of Paro Valley. Hike one hour to Taktshang (Tiger's Nest). Overnight at hotel.

Day 3 Paro - Thimphu. After early breakfast, drive to Thimphu. Morning visit to the National Library, Paper Factory and animal reserve to see Bhutan's national animal (Takin). Also visit the memorial Chorten (Stupa built in memory of Third King of Bhutan) and the Zilukha Nunnery. After lunch, visit the Pangrizampa Monastery at Dechenchholing. Overnight at hotel.

Day 4 Thimphu - Punakha. After an early breakfast, drive to Punakha. On the way, stop at Dochu-la Pass for a hot cup of tea or coffee. On a clear day, see the most spectacular view of the Eastern Himalayas. After lunch, visit the Punakha Dzong, the former winter capital and present administrative seat of the district. It is also the winter residence of the central monastic body. The Dzong lies between two rivers, the Pochu and Mochu, meaning male and female rivers. It was built in 1637 AD. Evening hike to Chimi Lhakhang, 20mins. Overnight at hotel.

Day 5 Punakha - Gasa Hot Springs (start of trek). Early breakfast drive to Damji. The trail begins by winding through rolling hills and passing through the pine and oak forest, villages and wheat fields. A bamboo walking stick will come in handy for this section of the trek, for those ups that always go down. In the distance you will get a view of the Gasa Dzong glued to the valley wall. You will say, "We are going there!" It is off in the distance and yes we are going there! Picnic lunch along the way, perhaps by the swinging bridge over the river or by a gorgeous waterfall. Camp at Gasa Hot Springs.

Day 6 Gasa Tsachu. Spend relaxing time in the Tsachu (hotsprings) or pack lunch and climb about 2 hours to Gasa Village and the Dzong. Overnight camp.

Day 7 Gasa Tsachu - Damji - Punakha. Back to Damji, where our car and driver will be waiting for us. Say goodbye to our trekking staff and Damji and drive to Punakha. Overnight at hotel.

Day 8 Punakha - Paro. Drive back to Paro, about 5 hours. Evening stroll around the Paro town. Overnight at hotel.

Day 9 Paro. Early morning drive to Paro international airport after breakfast.

