

Bumthang Cultural Trek



Dates April, May, June and September-November

Trip Duration Trek: 2 nights / 3 days
Total stay: 10 nights / 11 days

Difficulty Rating Easy-Moderate

Highlights Bumthang is located in the heart of Bhutan and is one of the kingdom's most attractive destinations for hiking and sightseeing. This trek can be graded as easy trek and it is best for beginners. During the trek we cross through several villages, providing an excellent opportunity to interact with the rural life of Bhutan. The trek starts from Thangbi village and ends at Tang village.

Cost Cost depends on the group size. Contact us for details. Costs will include ground transportation to and from Paro airport, transportation and entrance fees to all listed activities, entry fees, all meals, accommodations.

Itinerary

Day 1 Arrive at Paro Airport. You will be received by our guide at the Paro International Airport and escorted to your hotel for refreshment. After lunch visit Paro National Museum. Overnight in Paro.

Day 2 Paro - Thimphu. After breakfast drive 1 hour to Thimphu. Visit Simtokha Dzong (oldest fortress in Bhutan. Also houses the largest monastic school), Memorial Chorten (Stupa built in memory of third king of Bhutan) and a Traditional Painting School. Also visit handicraft shops, Pangrizampa Monastery and the Zilukha Nunnery School. Overnight in Thimphu.

Day 3 Thimphu - Bumthang. Drive to Bumthang. It takes about 8 hours. You will be surprised by the change of vegetation. En route visit 108 Druk Wangdgyul Chorten. We will be travelling over the three pass, Dochu-la (10,000 ft), Pele-la (10,800 ft) and Yotong-la (11,000 ft). Overnight at hotel.

Day 4 Bumthang. Morning visit to the historical Jakar Dzong, built in 1646 A.D. Visit several ancient and sacred monasteries such as the Jambay Lhakhang, Kurjey Lhakhang, and Kencho Sum. Overnight at hotel.

Day 5 Bumthang - Nganglhakhang (start of the trek). Our vehicle will take us to Thangbi Lhakhang where our trek will start, through the pine forest. Visit the Nganglhakhang, the Swan Temple and farmer's house. Overnight at camp.

Day 6 Nganglhakhang - Ugyenchholing. Ascend gradually to Phephe-la Pass at 11,000 ft. The highest point in the trek. We really enjoy the beautiful forest and the nature around us. Overnight at camp.

Day 7 Ugyenchholing - Jakar/Bumthang (end of trek). Today visit Ugyenchholing museum and Mebar Tsho (Flaming Lake). Over night in Bumthang.

Day 8 Bumthang - Punakha. Morning visit to Buli Lhakhang, Trongsa Dzong and continue our journey to Punakha. Overnight at the hotel in Punakha.

Day 9 Punakha. After breakfast visit Punakha Dzong, the former winter capital and present administrative seat of the district. It is also the winter residence of the central monastic body. The Dzong lies between two rivers, the Pochu and Mochu, male and female rivers. Visit Wangduephodrang Dzong, perched on a promontory 8 miles away from Punakha. The Dzong was built in 1638 A.D. Evening hike to Chimmi Lhakhang. Overnight in Punakha.

Day 10 Punakha - Paro. Drive to Paro from Punakha - approx. 4 hours. On the way, we pass over Dochu-la Pass where we'll enjoy the view of the Himalayas of Bhutan. Lunch will be in Thimphu and after a few hours break, we drive to Paro for overnight at hotel.

Day 11 Paro. Hike one hour to Taktshang (Tiger's Nest). Afternoon visit to Drukgyal Dzong and Kyichu Lhakhang. Evening visit to a farmhouse for dinner with local wine. Overnight at hotel.

Day 12 Paro. Early morning drive to Paro international airport after breakfast.

